



*#manageyourhealth*





## FLAXSEED OIL

#cell\_membranes\_  
building\_material

uniqueness - contains linolenic (Omega-3), linoleic (Omega-6), oleic (Omega-9) acids, vitamins: E and B, folic acid, estrogen-like phytohormones (lingana)



increases the elasticity of blood vessels,  
reduces blood clots, prevents  
atherosclerosis



normalizes digestion



helps to restore hormonal levels



improves cell metabolism, normalizes  
metabolism, promotes weight loss



stimulates the brain, improves memory



strengthens hair and nails



## APRICOT KERNEL OIL

#skin\_health

uniqueness - potassium, magnesium, vitamins: A, B, C, E, F.



stimulates collagen production, improves skin elasticity, smoothes mimic wrinkles



regenerates skin, accelerates healing, removes redness



restores the water balance of the skin, nourishes it with vitamins



softens the cuticle



protects from UV rays



is used for anti-cellulite massage



## MUSTARD OIL

#natural\_antibiotic

uniqueness - contains oleic (Omega-9) and linoleic (Omega-6) acids, vitamins: A, B, E and D, phytosterols, phytoncides



has antibacterial, anti-inflammatory and antiviral properties



reduces cholesterol, prevents the occurrence of anti-sclerotic plaques on the walls of blood vessels



improves appetite, stimulates the digestive process, increases the activity of the liver and pancreas



strengthens the immune system



heals and strengthens hair when used externally



is valuable for baking bread, confectionery, suitable for frying, has a high burning temperature



## GRAPE SEED OIL

**#powerful\_antioxidant\_  
of\_vegetable\_origin**

uniqueness - contains polyphenols, linoleic (Omega - 6) and oleic (Omega - 9) acids, vitamins: E, A, C



blocks free radicals



prevents the destruction of skin hyaluronic acid, enhances collagen production, improves skin elasticity, promotes moisturizing and smoothness of skin for a long time



normalizes metabolic processes at the cellular level



strengthens and makes the walls of blood vessels elastic, improves blood microcirculation



removes radionuclides from the body



is the main lifting resource for massage



## SEA BUCKTHORN OIL

#healing\_therapy

uniqueness - contains palmitoleic, palmitic, linoleic (Omega-6), oleic (Omega-9) acids, carotenoids, sterols, phospholipids, serotonin, iron, magnesium, aluminum, boron, manganese, silicon vitamins: A, E, B1, B2, B3, B6, B9, C, K.



has a soothing and healing effect on erosive and ulcerative damage to the mucous membranes of the esophagus, stomach and intestines



is an excellent wound healing agent, effectively and quickly regenerates the skin after sunburns and chemical burns



promotes the healing of cervical erosion



stimulates the healing process of the oral mucous membranes



supports the work of the retina and optic nerve, improves blood circulation, helps reduce intraocular pressure



strengthens the walls of blood vessels, increases their elasticity



## POPPY OIL

#inner\_peace

uniqueness - contains linoleic (Omega - 6),  
oleic (Omega - 9), palmitic and stearic acids, calcium,  
phosphorus, potassium, magnesium, vitamins: B1, B2, E, PP



favorably affects the nervous system, relieves  
chronic fatigue syndrome, has a slight relaxing  
effect, promotes sound sleep



relieves spasms of blood vessels



gives shine and strength to hair when used as  
masks



has a moisturizing, regenerating and softening  
effect on the skin, restores its tone, increases  
elasticity, prevents premature aging



is used as a massage oil, relaxes muscles.



## HEMP OIL

#energy\_and\_vigor

uniqueness - contains the optimal balance of linolenic (Omega - 3) and linoleic (Omega - 6) acids, magnesium, calcium, potassium, zinc, phosphorus, iron, phytosterols, phospholipids, carotene and chlorophyll, vitamins: A, B1, B2, B3, B6, C, D, E



helps to increase the quality and quantity of red blood cells



prevents the formation of tumors, neutralizes the effects of chemotherapy



has a cholesterol-lowering effect, cleans vessels



strengthens the immune system and increases the body's resistance to viruses and bacteria



stimulates the production of collagen, normalizes the sebaceous glands of the skin



improves hair structure, helps to accelerate its growth





## WALNUT OIL

#physical\_and\_mental\_activity

uniqueness - contains linolenic (Omega-3), linoleic (Omega-6) acids, magnesium, potassium, calcium, iodine, iron, zinc, selenium, coenzyme Q10, vitamins: B, C, E, P, K



activates the brain, improves memory



improves blood flow in the myocardium and increases its contractility



slows down the aging process, improves cellular respiration



stabilizes the functioning of the thyroid gland



blocks free radicals, is a good antioxidant



boosts vitality and stamina



## CONFECTIONARY SUNFLOWER KERNEL OIL

#strengthens\_the\_body

uniqueness - contains linoleic (Omega-6), oleic (Omega-9), stearic acids, lecithin, magnesium, vitamins: A, D, B1, B2, PP, E



is an excellent antioxidant



helps to improve brain function



has a positive effect on the work of the endocrine and sex glands



strengthens the immune system



reduces cholesterol, prevents the development of atherosclerosis



moisturizes dry skin, has softening and regenerating properties when used externally



## WHEAT GERM OIL

**#vitality**

uniqueness - contains polyunsaturated fatty acids (vitamin F), phytosterols, lecithin, iron, selenium, zinc, vitamins: E, K, B4, D



helps to restore the nervous system



improves brain cells metabolism



normalizes the liver, prevents the formation of gallstones



stimulates blood formation, strengthens the walls of capillaries



normalizes the sex glands, contributes to the preservation of pregnancy



has excellent regenerating, moisturizing and smoothing properties, keeps skin fresh and elastic when used externally



## THISTLES OIL

#liver\_care

uniqueness –contains linoleic (Omega - 6), oleic (Omega - 9) acids, silymarin, carotinoids, zinc, honey, selenium, boron, vitamins: A, B1, B2, B5, B6, B9, B12, C, D, E, K and F



hepatoprotector, restores liver cells and improves their microcirculation



improves digestion, helps to restore the mucous membranes of the gastrointestinal tract



contributes to the elimination of cholesterol plaques, strengthens blood vessels



improves metabolism



neutralizes free radicals, removes toxins



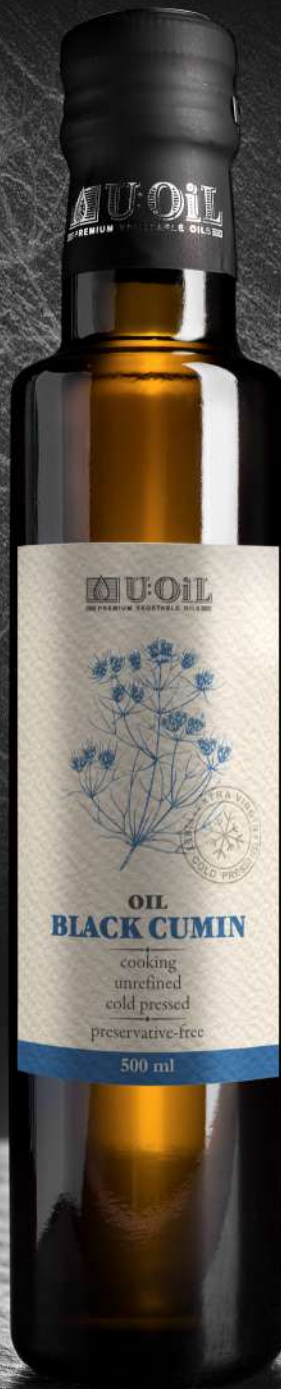
improves skin condition, has anti-allergic effect



## BLACK CUMIN OIL

#immunity\_and\_longevity

uniqueness - contains linoleic (Omega-6) and oleic (Omega-9) acids, a total of 26 fatty acids, 15 amino acids, carotenoids, flavonoids, polysaccharides and monosaccharides, tannins, alkaloids, saponins, enzymes, phosphorus, calcium and iron vitamins: E and D, A, C



stimulates the production of bone marrow and vital cells of the immune system



prevents the formation of tumors



is a natural antibiotic, has antiviral properties



restores hormonal balance



strengthens and increases the elasticity of the walls of blood vessels, prevents the formation of blood clots



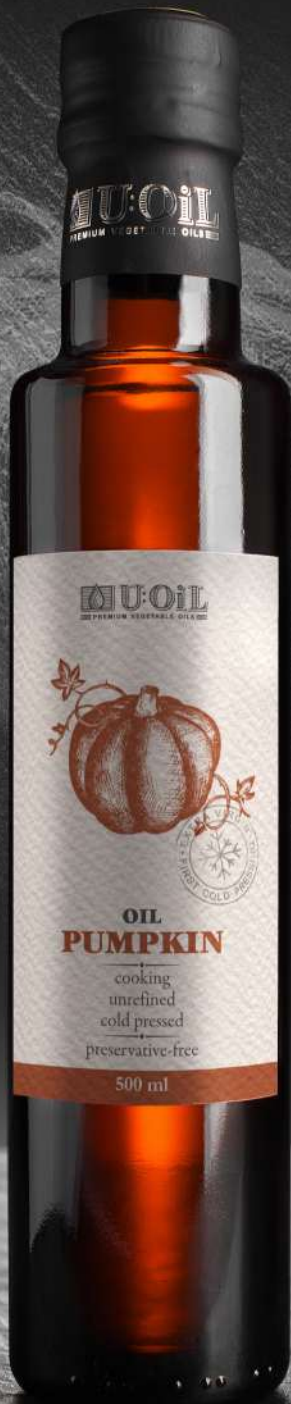
stimulates the production of collagen, improves skin elasticity, normalizes secretion of sebaceous glands, accelerates skin regeneration



## PUMPKIN OIL

#the\_balance\_of\_biologically\_  
active\_substances

uniqueness - contains linoleic (Omega - 6) and oleic (Omega - 9) acids; vitamins: A, B1, B2, B6, C, E, F, K, P, PP, T; phytosterols, chlorophyll, flavonoids, phospholipids, iron, magnesium, zinc, selenium, potassium, calcium (more than 50 macro- and micro-elements)



normalizes the gastrointestinal tract and biliary tract



has a beneficial effect on the male genitourinary system



contributes to the preservation of vision



is an antihistamine



enhances collagen production, improves skin elasticity



cleans the body from toxins, blocks free radicals



## CEDAR OIL

#natural\_health

uniqueness - contains oleic (Omega - 3), linoleic (Omega-6), linolenic (Omega-3), palmitic, pinolenic acids, vitamins: A, B1, B2, B3, E, phosphorus, potassium, magnesium, sodium, calcium, zinc, iron, manganese, copper, iodine



participates in the structural and functional organization of cell membranes and improves cell metabolism



enhances regenerative processes, reduces the degree of inflammatory reactions of the mucous membrane of the digestive system



strengthens the immune system and increases the body's resistance to viruses and bacteria



normalizes hormones and the work of endocrine system



is an effective natural antioxidant, removes toxins and radionuclides from the body



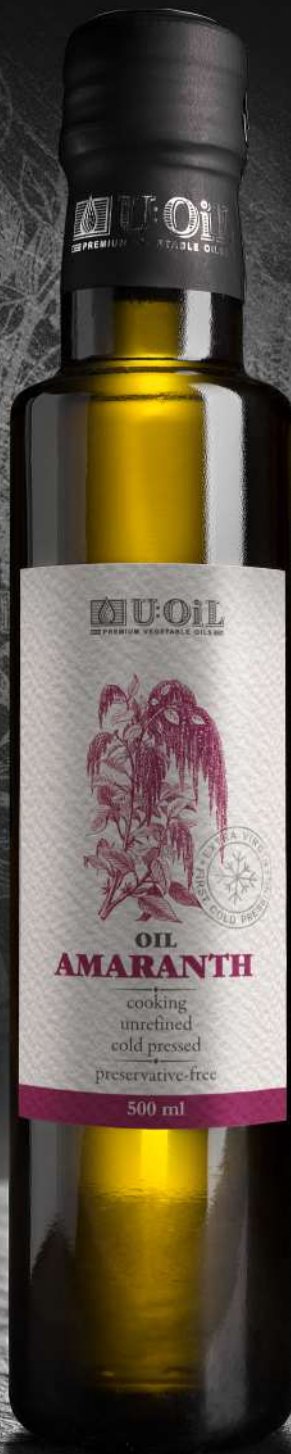
strengthens the hair follicle, makes hair shiny and elastic



## AMARANTH OIL

#youth\_elixir

uniqueness - contains linolenic and timnodone (Omega-3), linoleic and arachidonic (Omega-6), oleic (Omega-9) acids, has a balanced composition of amino acids, squalene, phospholipids, flavonoids, carotenoids, potassium, iron, phosphorus, calcium, magnesium, copper, vitamins: A, E



supplies oxygen to the body cells



prevents the emergence and growth of tumors



strengthens the immune system and increases the body's resistance to viruses and bacteria



has a beneficial effect on the cardiovascular system



normalizes metabolism



has a wound-healing effect, promotes recovery and rejuvenation of skin integument



## CORN OIL

#beauty\_vitamin

uniqueness - contains linoleic (Omega - 6) and oleic (Omega - 9) acids, palmitic and stearic acids, lecithin, vitamins B1, B2, B6, K, E, biotin



participates in regeneration processes, slows down cell aging



protects the body from external toxic effects, blocks the action of free radicals



helps to strengthen the walls of capillaries and blood vessels



improves cerebral circulation



contributes to the strengthening of muscle tone, increases the body's endurance to physical exercises



strengthens hair roots when used externally



## SESAME OIL

#source\_of\_calcium

uniqueness - contains calcium, magnesium and phosphorus, arginine, linoleic (Omega - 6) and oleic (Omega - 9) acids, vitamins: E, A, B1, B2, C



strengthens bone and cartilage tissue,  
positively affects joints



influences the composition of blood, increases  
the number of platelets and improves its  
clotting



stimulates the production of growth hormone  
in children



boosts immunity



is a good UV filter



is used for classical and ayurvedic massages,  
relieves muscle clamps



## CAMELINA OIL

#cell\_renewal

uniqueness - contains the optimal ratio of linolenic (Omega-3), linoleic (Omega-6), oleic (Omega-9), palmitic and stearic acids, magnesium, vitamins: A, E, D



stimulates the vital activity of cells, activates their renewal in the body



has beneficial effect on the cardiovascular system



blocks the action of free radicals, removes toxins from the body



lowers blood sugar



helps to normalize hormonal balance



whets the appetite



softens, moisturizes and nourishes the skin when used externally



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